

The Option Institute 2008 Calendar

Updated April 23, 2008

JANUARY

- 6 – Feb 1 **Mentor Certification:** Master the Art & Science of Working with Individuals
- 13 – 25 **Group Facilitation Training:** Inspire People Around You to Live Extraordinary Lives

MARCH

- 6 – 9 **The Happiness Option:** Jumpstart Your Extraordinary Life (an Extended Weekend)
- 9 – 14 **Optimal Self-Trust:** Make Choices with Absolute Confidence
- 16 – 21 **PowerDialoguesSM:** The Unlimited Power of a Question
- 23 – 28 **Advanced PowerDialoguesSM:** Become an Exceptional Counselor in Everyday Situations

APRIL

- 20 – 25 **Fearless:** Become a Hero in Everyday Life
- 27 – May 2 **Wide Awake:** Ultimate Training for the Ultimate Self-Student

JUNE

- 5 – 8 **The Happiness Option:** Jumpstart Your Extraordinary Life (an Extended Weekend)
- 8 – 13 **Empower Yourself:** Going for (and Getting) What You Want

JULY

- 6 – 11 **PowerDialoguesSM:** The Unlimited Power of a Question
- 6 – 11 **Optimal Self-Trust:** Make Choices with Absolute Confidence
- 13 – 25 **Inner Strength:** Indestructible From the Inside Out: Two-Week Program
- 27 – Aug 1 **Radical Authenticity:** Never Hide Again

AUGUST

- 3 – 8 **Calm Amid Chaos:** An Unshakable Foundation for a Turbulent World

Unless indicated otherwise, all programs offered on The Option Institute Campus in Sheffield, MA, U.S.A. All programs weeklong unless otherwise indicated.

Subject to changes and additions.

SEPTEMBER

- 11 – 14 **The Happiness Option:** Jumpstart Your Extraordinary Life (an Extended Weekend)
- 14 – 19 **Exceptional Woman:** You . . . Without Apology!
- 21 – 26 **CouplesCourse:** Rev Up Your Relationship

OCTOBER

- 5 – 10 **Fearless:** Become a Hero in Everyday Life
- 12 – 17 **Radical Authenticity:** Never Hide Again
- 26 – 31 **Extraordinary Man:** Revolutionize What it Means to be a Man

NOVEMBER

- 6 – 9 **The Happiness Option:** Jumpstart Your Extraordinary Life (an Extended Weekend)
- 9 – 14 **Parenting Solution:** Parenting Skills Made Easy
- 9 – 14 **Advanced PowerDialoguesSM:** Become an Exceptional Counselor in Everyday Situations

DECEMBER

- Nov 30 – 5 **Revitalize Your Spirit:** New Beginnings for a New You

JANUARY 2009

- 4 – 30 **2009 Mentor Certification:** Master the Art & Science of Working with Individuals

The Son-Rise Program® 2008

- February 10 – 14 **Start-Up UK:** London, UK
- February 24 – 29 **Start-Up**
- April 13 – 18 **Maximum Impact:** Advanced Training
- May 27 – 31 **New Frontiers:** London, UK Advanced Training
- June 15 – 20 **Start-Up**
- August 10 – 15 **Start-Up**
- Sept 28 – Oct 3 **Start-Up**
- October 19 – 24 **Maximum Impact:** Advanced Training
- November 16 – 21 **New Frontiers:** Advanced Training
- December 7 – 12 **Start-Up**